

# Living with the Spiritual Cycle of the Year

## Home Study Course

Developed and issued by **Martin Samson:**

**Independent Teacher, Cultural Commentator, Poetic Philosopher, Theologian and Spiritual Director**

### **Would you like to deepen your spiritual practices and studies at home?**

After the success of Martin's previous home study courses on Anthroposophy and the religious life, this course is designed to provide guidance on structuring our spiritual life around the cycle of the year. When asked how we can prepare a Damascus like experience, Paul's moment of enlightenment, Rudolf Steiner responded that it becomes possible through the meditative participation in the cycle of the year. Throughout history cultures have turned to the cycle of the year and their festivals to order life and provide a path to higher knowledge and faculties of insight. This course draws on those traditions, and especially the insights of Rudolf Steiner: specifically, the path of spiritual development towards working in the world with the forces of the spiritual sun. The language used endeavors to bridge various traditions and jargons to make the concepts more accessible.

Each booklet provides a philosophical thought of a well known Scholar as a contemplative motif for you to consider, followed by the actual discourse on the theme for the fortnight. The schooling methodology is the maxim that what begins in thought is enlivened through art and deepened in spiritual practice and experience. Each booklet suggests an artistic aspect to your schooling and provides practical ideas about how you can deepen your spiritual experiences. Finally, suggested further reading and study is provided. You will be mailed two booklets per month.

This ongoing course will facilitate you in developing various levels of observation. The themes of exploration include: developing spiritual insight, art as science, observation of nature and your local natural seasons, essential changes in spiritual circumstances in the twenty first century, spiritual seasons, spirituality for a universal consciousness, the earth as a living spiritual being, the inner nature of evolution, the role of humanity in evolution from a spiritual perspective, and practicing artistic cultural festivals in your home and community.

### **Three easy steps to receiving your own course**

- Make a request for the bank details from Martin at [msamson@email.org.au](mailto:msamson@email.org.au) and then make a deposit. **International students** can send an email to Martin to arrange details for international payments via PayPal.
- Send an email to Martin with payment details and your name.
- Receive your first booklets in the mail.

### **Financial investment and value of the course**

The course costs Aus\$240 a year payable either by direct deposit into a dedicated account or PayPal. Please indicate which payment option you would prefer.

Upon request there is also the possibility of personal spiritual direction for a negotiated fee.