

# *Home Study in Anthroposophy*

## *Launch of a Home Study Course*

*By Martin Samson*



### **Would you like to deepen your spiritual practices and studies in anthroposophy at home?**

This course is designed to provide guidance. It assumes that the reader has already read and practiced some of the teachings of Rudolf Steiner. Do you feel like you are floundering with the enormity of the reading and developing a method to order both the teachings and the practices into a manageable framework? Do you want to enhance your experiences with a working philosophy and applied spiritual and social skills? This course can be useful adjunct to students who are new to anthroposophical study or those who have been working for years. Each booklet provides several levels of guidance. It can be seen as an advanced course for beginners or a beginner's course for the advanced student. It is a way to bring the student back to a beginners mind set and, through ordering the works, find new levels of realisations and skills. These lessons have come from Martin's study and meditative work with the indications of Rudolf Steiner over the last thirty years.

To begin with, a philosophical thought of Rudolf Steiner's is proposed as a contemplative motif for you to ponder. A consideration follows that is the actual discourse on the theme that takes you through three levels of review using contemplation, logic and reason to assist your minds and hearts in opening to the ideas. A third aspect follows the schooling maxim that what begins in thought is enlivened through art and deepened in practice and experience. Each booklet suggests both an artistic aspect to your studies and provides practical ideas about how you can deepen your spiritual experiences in daily living. These consist of practices and activities that one can try out at home. Finally, suggested further reading and study is provided so that each idea can be expanded in your own philosophical ponderings. You will be mailed two booklets on a theme per month and spend two weeks on each booklet.

**Request a free introductory discourse from Martin Samson at [msamson@email.org.au](mailto:msamson@email.org.au)**

### **Three easy steps to receiving your own course**

Make a request via the email below for bank details, and then make the payment

**International students** can send an email to Martin to arrange details for international payments via PayPal.

Send an email to [msamson@email.org.au](mailto:msamson@email.org.au) with payment details, name and postal address. Include your study partner's name if you are paying the household fee.

Receive your first booklets in the mail. *Please note the first mailing will be July 2016 but you can sign up at any time.*

### **Financial investment and value of the course**

The course costs Aus\$20 a month payable in one yearly amount of \$240. If you wish to share your studies with someone in your household we ask an extra \$20 a year. Future additions to the course will be a private discussion page on face book and the possibility for personal spiritual direction. The spiritual direction component can be arranged and needs to be applied for separately with your registration e-mail, or at any point in your studies. It attracts its own financial arrangement.